

While much of this is done simultaneously, the general mode of treatment is:

Stabilize the Rate  $\rightarrow$  Stabilize the Rhythm  $\rightarrow$  Stabilize the Blood Pressure

## **Excessive Ventilation**

Although the delivery of oxygen is extremely important to support breathing after ROSC some tips to keep in mind are:

- Avoid **hyperventilation** due to potential for increased intrathoracic pressure, decreased cardiac output and decreased blood flow to the brain
- Titrate oxygen to achieve  $O_2$  sat  $\ge 94\%$ . Hyper-oxygenation may cause cellular toxicity